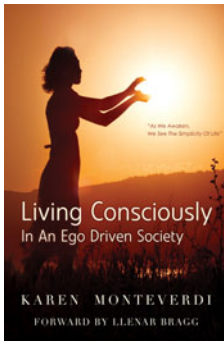


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Press Contact: RainWorld Interactive
503-888-3531
sean@rainworldinteractive.com

LIVING CONSCIOUSLY In An Ego Driven Society

By Karen Monteverdi
Foreword by Llenar Bragg



Karen Monteverdi, as the *GOTOCOACH*, says, "Belief can change in an instant." I agree with her. I say it a little differently, "Transformation doesn't have to take forever."

Whenever I say that to my friend Jonn, he replies, "for most people it will. It will take their entire lives. And most people will die" . . . with beliefs, behaviors and ways of being which no longer work for them.

In writing **LIVING CONSCIOUSLY In An Ego Driven Society**, *Karen Monteverdi*, is offering a way, possibly a shortcut, by sharing with you her journey and what worked for her. Offering you a possibility that might also work for you so you won't have to wait years to "get it"!

IT?

A life that you LOVE living.

A life that you can't wait to get up and into each day.

A life that calls forth every ounce of YOUR unique expression.

LIVING CONSCIOUSLY In An Ego Driven Society, offers a way, a path, a framework for individuals, communities and groups who want to or are interested in moving from living life and being in the world from a place of old hurts, fault, blame, anger, resentment, revenge, envy, etc., to functioning from the heart in a more love-centered, compassionate and forgiving manner.

LIVING CONSCIOUSLY In An Ego Driven Society, is a snapshot of what it took personally, academically, emotionally, professionally and spiritually for *Karen Monteverdi* to arrive at a place where her visions of and for a glorious future - initially to learn everything she "could about how to steward a healthy child and

assist him to grow into a healthy man who would have a positive impact on this planet” and now today to build a "center in order to teach and share the laws of consciousness...how they work and how they can be used as an alternative to the old paradigm in order to foster personal creation based on the higher good. " are what propel and empower forward.

Karen Monteverdi offers her life experience in **LIVING CONSCIOUSLY In An Ego Driven Society** as an example of what's real and what's possible. She did it. I did it. And so can YOU.



**LIVING CONSCIOUSLY
In An Ego Driven Society**

Author: Karen Monteverdi

Foreword by Llenar Bragg

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For author interviews, artwork, or excerpt information,

please call: Sean Monteverdi, Publicity Manager

503.888.3531

sean@rainworldinteractive.com

<http://www.rainworldinteractive.com>